

ENGSOEDU NETWORK



Short introduction



- First ENGSO's thematic network
- Established in November 2009
- website – condition for the internal cooperation
- NETWORK – EDU - (login, password)
- 10 experts (coordinators (experts) from 8 countries + Youth + ExCom member)
- Croatia, Czech Republic, Finland, France, Island, Hungary, Slovenia, Turkey and ENGSO Youth

Main objectives /Paris GA, 2009/

- ▶ Contribute to the **internal cooperation** between ENGSO members
- ▶ The **exchange of knowledge and experience** between ENGSO members and partners
- ▶ **Promote best practice** and development activities and their co-ordination between ENGSO members
- ▶ Develop and disseminate **educational programmes** especially those providing **dual careers**
- ▶ **Establish and maintain relationships with other European Networks** whose activities are related to education in sport and volunteering
- ▶ **Provide information to decision makers** at national and international levels on all aspects of relevance to the activities of the Network

ELIGIBLE ACTIVITIES in 2010

Results of the internal questionnaire – ENGOSEDU coordinators

- ENGOSEDU video workshop
- ENGSO FORUM 2010
- First meeting
- ENGSO Abstract proceeding book
(new idea) 😊
- ATHLETES2BUSSINES project
(dual career) – study visit and
workshops
- To disseminate the information



Conclusion

- Following EU recommendation
- First ENGSO network
- Time – results – benefits
- thank to all members who already have decided to participate
- opportunity to call the others to join us and to help us in this process




HEALTH ACTIVITIES



EU Platform on Diet,
Physical Activity and Health



ENGSO PROHEALTH network

- **EU Platform for Action on Diet, Physical Activity and Health ;**
http://ec.europa.eu/health/ph_determinants/life)
- In 2010 - 3 ENGSO commitments 
- Monitoring report
- in February, 9-10, 2010 in Brussels (Meeting – focus on PA)
- ENGSO has been represented *2-minute active basic exercise stretching programme by ENGSO, ENGSO Manifesto and EU:Sport Future project*
- Material; pamphlets, brochures (Manifesto, EU-Sport Future, ENGSO Newsletter, ENGSO Youth)

Number	Name	Organisation/person
1057	NICE – public health guidance 2007 -	CCPR (new responsible person Andrew Hanson, instead of Richard Tacon)
638	Sport pro Gesundheit 2004-2020	German Olympic Sports Confederation (new responsible person Constanze Gawehn instead of Gabi Pfeifer)
1103	ENG SOPRO HEALTH Network 2010-2011	ENGSO multy country (Romana Caput-Jogunica)



- *The goal of the Network is to strengthen and support efforts and actions that increase the protection of athletes health.*
- *Short-term objectives:*
- Develop the ENGSO internal network and identify members and their representatives for health

- Results:
- Established Network - done
- 6 ENGSO members – first phase
- Model of cooperation – in the process



ENG SOPROHEALTH network members

- Lucienne Attard, Maltese Olympic Committee,
- Andrew Hanson, Central Council of Physical Recreation
- Dinko Pivalica, Croatian Olympic Committee,
- Hana Valkova, Palacky University Olomouc and
- Nicolette van Veldhoven, Netherlands Olympic Committee and Netherlands Sports Federations.
- Lars Allert, Swedish Sport Confederation (not registered yet)



- **ELIGIBLE ACTIVITIES in 2010-2011**
- issues for consideration in the area Health Protection in Training and Competition include: education, information, treatment, prevention and anti-doping
- To define the way how NOCs as well as the NSFs can ensure that the information related health, nutrition, etc, are made available to the all young athletes on national level....
- **ATHLETES NEEDS** (Recommendation – International Athletes Forum 2009)

- ***Mid-term objectives:***
- Create Network' working programme for target groups (top level and young promising athletes)

- Analysis of main health problems
- Best national practices in health sports movement concerning the target groups



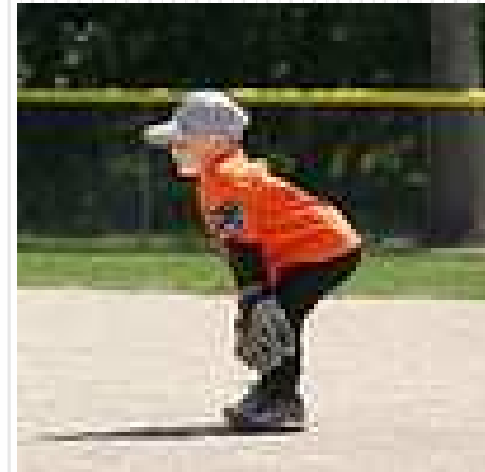
Analysis of main health problem

- Educational programmes on health protection and injury prevention for the athletes in ENGSO members
- 1.1. Collection of the data
- 1.2. Discussion paper related to the actual state
- 1.3. Guidelines for the development educational programmes
- Cooperation in decision making process with athletes on issues relating to their health?
 - Collection of the data
 - Discussion paper related to the actual state
- Best practice

Long-term objectives (2011)

- Invite other Platform organisations and ENGSO partners for cooperation and identify the appropriate model of cooperation
- Action
- Dissemination of information related to indicators of progress and results of the cooperation of all ENGSO





**Welcome to the ENGSO
networks!**